



## SPRAT Rope Access Level I | Duration: 48 hours

Maximum Participants: 8 students | Product Code: SHC124

### COURSE TOPICS:

- Use of ascender, descender, and backup safety systems.
- Knot tying, anchorage, redundancy systems, etc.
- Basic ascent and descent
- Rope-to-rope transfers
- Bypassing an edge and rope protection
- Horizontal aid climbing
- Performing a pick-off rescue
- Equipment maintenance

### COURSE DESCRIPTION:

Our six-day SPRAT rope access course prepares students for the SPRAT level 1,2, or 3 certification exams. It contains both theoretical lessons and practical exercises with the majority of the time spent in our world-class training facility where students can practice in an environment simulating reality.

The techniques used in the course were initially developed for mountaineering, but they have numerous practical industrial applications such as telecom, wind energy, rigging, stage setup, industrial inspection, and many more.